

ONE-DAY WORKSHOP

Voice Attunement

not just for Therapists

Presenter

Naaz Hosseini, MA, LP



Sunday, April 1

10:00 am - 3:00 pm

\$60 (5 CEUs)

Gestalt Center

for Psychotherapy & Training

220 Fifth Avenue, Suite 802, New York, NY

As therapists, we use voice (ours and our clients) as part of the therapeutic process. When we are not aware of our own voice, we can undermine our intention, When we are not aware of our clients' voices, we may miss important cues. Through lecture, practicum, and case study, this training will attune you to ways in which voice informs and helps guide effective practice. You will 1) build awareness of qualities of voice; 2) learn to use vocal cues to track a client; 3) use voice as a tool to help your client shift states; 4) enhance your capacity to join, support, and, when appropriate, interrupt your clients; and 5) extend your facility in designing and fine-tuning therapeutic experiments. This workshop is also open to doctors, nurses, teachers and other interactive and wellness practitioners and trainees. Tuition \$60 (5 CEUs)

Naaz Hosseini, MA, LP is a NYS Licensed Psychoanalyst, Certified Gestalt Therapist, and Master Vocalist. She is currently on the faculty of the Gestalt Center for Psychotherapy and Training and is adjunct faculty at Teachers College Columbia University in the department of Counseling and Clinical Psychology. She has an extensive background in the performing and healing arts and served as visiting faculty at the Harvard Graduate School of Education Project Zero Summer Institute for ten years. Naaz has a private practice in Nyack and Manhattan serving individuals, couples and groups.

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For more information or to register

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